

## VEGETABLE SIDE DISHES

<b>BOMBAY ALOO</b> Spicy potato	4.75
<b>VEGETABLE CURRY OR BHAJI</b> Vegetables cooked in spice	4.75
<b>SAAG ALOO</b> Fresh spinach & potato	4.95
<b>TARKA DHALL</b> Lentils with fried garlic	4.95
<b>CHANA MASALA</b> Chick peas with spices	4.95
<b>ALOO GOBI OR MUSHROOM BHAJI</b>	4.75
<b>BINDI BHAJ</b> okra with spices	4.75
<b>SAAG PANEER</b> cheese and spinach and nut sauce	5.95
<b>MUSHROOM AND SAAG BHAJI</b>	4.75
<b>SAAG AND GOBI</b>	4.75
<b>HONEY CHILLI POTATO</b> Spicy potato with sweet chilli sauce and honey	4.75
<b>MR NAAGA POTATO</b> Spicy potato cooked with naaga chilli - hot	5.95

## RICE

<b>STEAM RICE</b>	3.90
<b>PILAU RICE</b>	3.95
<b>MUSHROOM FRIED RICE</b>	4.50
<b>EGG FRIED RICE</b>	4.50
<b>KEEMA FRIED RICE</b>	4.50
<b>COCONUT FRIED RICE</b>	4.50
<b>LEMON FRIED RICE</b>	4.50
<b>GARLIC FRIED RICE</b>	4.50
<b>SPECIAL FRIED RICE</b>	4.50
<b>CHICKEN TIKKA RICE</b>	5.95

## BREAD

<b>PLAIN NAAN</b>	2.95
<b>KEEMA NAAN</b>	3.95
<b>PESHWARI NAAN</b>	3.95
<b>GARLIC CHEESE NAAN</b>	4.95
<b>CHILLI CHEESE NAAN</b>	4.95
<b>CHICKEN TIKKA CHEESE NAAN</b>	5.95
<b>CHICKEN TIKKA GARLIC CHEESE NAAN</b>	5.95
<b>CHEESE NAAN</b>	4.95
<b>GARLIC NAAN</b>	2.95
<b>PARATA / STUFF PARATA</b>	3.95
<b>CHAPATI</b>	3.50

## POPPADOM & CHUTNEYS

<b>POPPADOM</b>	90P
<b>CHUTNEY &amp; SAUCES</b>	EACH 90P
Mango Chutney /Mint sauce	
Onion Salad/Mixed Pickle	

## DRINKS

<b>COKE, DIET COKE, LEMONADE</b> (330 ml)	1.20
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## ENGLISH DISHES

<b>CHICKEN NUGGETS</b> 6pcs + CHIPS	6.95
<b>CHICKEN NUGGETS</b> 20pcs	8.95
<b>CHIPS</b>	2.50



# TAKEAWAY BANQUET

Every Thursday  
available for Delivery & collection

- Starter
  - Main dish
  - Rice
  - Naan Bread
  - Papadoms & Chutney
- 16.95**

## Delivery time

We aim to deliver within 45 minutes time. At busy hours, it may take up to 60 minutes to deliver.

Please order in advance if you require the food early.

Ask us  
for the  
*Special*  
of the day



## Our Chefs

Our chefs use traditional methods of cooking and the authentic recipes to give you the finest experience of food from the South East Asia. Taste our food today.



## Dine in the restaurant

Bring in your friends and family to the restaurant to enjoy the experience.

ALL MAJOR CREDIT CARDS ACCEPTED



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DELIVERY on orders over £10  
to all PO21 & PO22 Post Codes

**FREE**



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**01243 823004**

follow us on



**OPEN** 11am - 2pm &  
7 days a week 4:30pm to 11pm

**£2.50 DELIVERY CHARGE**

Chichester | Tangmere | Barnham | Eastergate  
Oving | Hunston | North Mundham

ORDER ONLINE

[www.anokhaindianrestaurant.com](http://www.anokhaindianrestaurant.com)

7 The Precinct | Bognor Regis | PO21 5SB

## STARTERS

<b>ONION BHAJ</b> <i>Shredded onion mixed with selected herbs &amp; spices with gram flour, deep fried.</i>	<b>4.25</b>
<b>SAMOSA</b> Lamb minced or Mixed vegetables <i>Crispy fried triangular shaped pastry generously filled</i>	<b>4.25</b>
<b>MIXED STARTER</b> <i>A mixed platter of Chicken Tikka, Onion Bhaji, Samosa and Tiger Prawns</i>	<b>5.95</b>
<b>CHICKEN OR PRAWN CHAAT PUREE</b> <i>Sliced chicken tikka or Prawn cooked with cucumber, fresh tomatoes, tangy chaat massala sauce. Served on crispy fried puries</i>	<b>4.95   4.95</b>
<b>SHAMI KEBAB OR SHEIK KEBAB</b> <i>Kebabs made from mince lamb lightly spiced &amp; shallow fried</i>	<b>3.95</b>
<b>MIXED KEBAB</b> <i>Popular</i> <i>Chicken tikka, lamb tikka, kufta kebab &amp; onion bhaji</i>	<b>5.95</b>
<b>SAAG ROLL</b> <i>A delicate dish of spinach and cheese mash rolled in spices, served with a tasty coconut (White sauce or Tomato sauce)</i>	<b>4.95</b>

## TANDOORI DELICACIES

	STARTER	MAIN
<b>CHICKEN OR LAMB TIKKA</b> <i>Marinated in spices &amp; yogurt, threaded onto skewers &amp; cooked in the oven</i>	<b>4.95</b>	<b>9.95</b>
<b>TANDOORI MIXED GRILL</b> <i>A platter of assorted non-vegetable tandoori delicacies(a generous portion of chicken tikka, tandoori Chicken, lamb tikka, sheik kebab with salad)</i>	<b>12.95</b>	
<b>SHASHLIK</b> (Chicken, Lamb or Mix) <i>Cubes of chicken and lamb with capsicum, tomatoes and onions, marinated and cooked on skewers in a Tandoor</i>	<b>11.95</b>	
<b>PANEER TIKKA</b> <i>Indian homemade cheese marinated in hung special yogurt sauce.</i>	<b>8.95</b>	
<b>TANDOORI CHICKEN</b> <i>Marinated in spices &amp; yogurt, cooked in the clay oven Served on the bone</i>	<b>4.95</b>	<b>9.95</b>

## BALTI DISHES

*Balti dishes are very delicious in flavour and popular in the Midlands*

<b>CHICKEN TIKKA OR LAMB TIKKA BALTI</b>	<b>9.95</b>
<b>CHICKEN OR LAMB BALTI</b>	<b>8.95</b>
<b>VEGETABLE BALTI</b>	<b>7.95</b>
<b>CHICKEN TIKKA SAAG BALTI</b>	<b>9.95</b>
<b>CHICKEN TIKKA DANSAK BALTI</b>	<b>9.95</b>

## BIRYANI DISHES

*All biryani dishes are cooked with basmati Rice and a special blend of spice. Served with a vegetable curry.*

<b>CHICKEN OR LAMB BIRYANI</b>	<b>11.95</b>
<b>CHICKEN TIKKA /LAMB TIKKA BIRYANI</b>	<b>12.95</b>
<b>VEGETABLE BIRYANI</b>	<b>9.95</b>
<b>SPECIAL HOT BIRYANI CHICKEN OR LAMB</b>	<b>13.95</b>
<b>PRAWN BIRYANI</b>	<b>13.95</b>

## HOUSE DELICACIES

● CHICKEN <b>9.95</b>	● LAMB <b>10.50</b>	● PRAWN <b>10.95</b>	● KING PRAWNS <b>13.95</b>	● VEGETABLE <b>8.95</b>
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<b>CHOM CHOM</b> <i>Cooked with almonds, butter, fresh cream &amp; mango pulp</i>
<b>TIKKA MASALA</b> <i>Cooked with cream, spiced &amp; our home-made sauce- spicy.</i>
<b>MAKHANI</b> <i>This is a beautiful sweet dish cooked in rich cream, almond and coconut sauce.</i>
<b>PASSANDA</b> <i>Cooked with pistachio, almond, cream.</i>
<b>GARLIC CHILLI</b> <i>Cooked in a highly spiced sauce, with dry onion, green chillies &amp; fried garlic.</i>
<b>JALFREZI</b> <i>Cooked in garlic, ginger, capsicums, fresh tomatoes, onions, green chillies &amp; spices.</i>
<b>ALOO PONEER</b> <i>Cooked with potato, mixed spices &amp; cheese.</i>
<b>SATRAKEY</b> <i>Cooked with green, red peppers, fresh tomato &amp; thick sauce &amp; garnished with fresh mushrooms.</i>
<b>NAGA SUBWALI</b> <i>Cooked in thick sauce with home-made fresh naga chilli &amp; fresh tomato.</i>

## TRADITIONAL DISHES

*These dishes can be prepared with Chicken Tikka for an additional 1.00*

● CHICKEN <b>8.95</b>	● LAMB <b>9.95</b>	● PRAWN <b>10.95</b>	● KING PRAWNS <b>13.95</b>	● VEGETABLE <b>7.95</b>
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<b>CURRY</b> <i>Cooked In medium jhol</i>
<b>MADRAS</b> <i>Well spiced, fairly hot curry</i>
<b>VINDALOO</b> <i>Very hot dish. Nicely spiced with potatoes</i>
<b>CEYLON</b> <i>Fairly hot, creamy and tangy with coconut</i>
<b>BHUNA</b> <i>Drier curry packed with spicy flavours</i>
<b>PATIA</b> <i>Hot, sweet and sour dish in thick sauce</i>
<b>DUPIAZA</b> <i>Cooked In a thick sauce, garnished with onions</i>
<b>ROGAN</b> <i>Medium hot with herbs and tomatoes</i>
<b>KORMA</b> <i>Cooked in a pistachio and coconut sauce</i>
<b>DANSAK</b> <i>Hot, sweet and sour curry</i>
<b>SAAGWALA</b> <i>A medium strength dish cooked with fresh spinach</i>

## ALLERGEN & INTOLERANCE

Some dishes may have traces of nuts and other allergens. Please let us know before you placed order if you have any concern.



<b>NARAYWANI</b> <i>A delicate dish cooked with selected spices &amp; herbs with sweet chilli dressing.</i>
<b>MURGH KEEMA</b> <i>Bhuna Chicken or Lamb cooked with Mince Lamb in typical Punjabi style with onions, tomatoes, green pepper, minced lamb and garam masala.</i>
<b>PUNJABI KARAH</b> <i>Dishes specially prepared by our chef on the karahi with garlic, ginger, green pepper, tomatoes, coriander &amp; delicate herbs &amp; spices</i>
<b>PALAK PESWARI</b> <i>An innovative dish made with breast of chicken or lamb cooked with coconut, almond, mango and fresh spinach</i>
<b>ALMASHRIKI MEDUM</b> <i>Chicken or Lamb Tikka or vegetable served under a layer of cooked Spinach flavoured with Cashew Nuts.</i>
<b>JAL JAL BALTI</b> <i>A taste of Baluchistan brought through this traditional dish made with tender chicken or Lamb in special 'Balti' sauce with red peppers and tomatoes</i>
<b>CHILLI MASALA</b> <i>A flavoursome dish of Chicken tikka or Lamb tikka cooked with red and green peppers, onion spiced with dried chilli and a special grind of spices.</i>
<b>HYDERABADI 65</b> <i>This is a popular spicy, delicious and hot South India restaurant style boneless chicken or Lamb coated with breadcrumb and spices</i>



## CHEF'S RECOMMENDATIONS

<b>MORGH TORKARI</b> (spicy and madras hot) <i>A home style Chicken dish cooked in special masala sauce made with garlic, ginger and mixed spices</i>	<b>11.95</b>
<b>BUTTER MASALA CHICKEN OR LAMB OR PANEER</b> <i>Cooked in a specially made sauce infused with butter &amp; cashew nut</i>	<b>11.95</b>
<b>ANOKHA</b> (spicy) <i>Chicken and lamb tikka cooked together with finely chopped spring onion, green chili, fresh peppers and chef's special spice brining a fusion of taste.</i>	<b>10.95</b>
<b>BENGALI CHILLI CHICKEN OR LAMB</b> <i>Vindaloo Hot Recommended) An authentic Chicken dish following the original Bengali recipe with different blend of chilles, spices and herbs</i>	<b>11.95</b>
<b>JAL FRY INDIAN PANEER</b> <i>Cooked in garlic, ginger, capsicums, fresh tomatoes, onions, green chillies &amp; spices</i>	<b>11.95</b>
<b>VANSE SWEET CHILLI</b> <i>This Nepali style Chili Chicken or Lamb is cooked with all colour of bell peppers; red and green giving it a colourful look as well as a subtle hint of sweetness that marries just as well with the succulent chicken or Lamb</i>	<b>12.95</b>
<b>SEKWUA CHICKEN OR LAMB</b> <i>Chef's very own special secret recipe. A very tasty Dry dish, added to the menu by popular demand</i>	<b>11.95</b>
<b>TAMIL RAJ</b> <i>Lamb or chicken cooked with authentic herbs &amp; spices, yogurt, potatoes, black pepper and coriander in a tangy Bhuna sauce. "Well recommended"</i>	<b>12.95</b>
<b>BOMBAY MIX</b> <i>Tender pieces of chicken, prawns, lamb &amp; vegetables in a highly spiced hot homemade sauce. Hot</i>	<b>11.95</b>