

VEGETABLE SIDE DISHES

Bombay Aloo (Spicy potato).....	£3.75
Vegetable Curry or Bhaji (Vegetables cooked in spice).....	£3.75
Sag Aloo (Fresh spinach & potato).....	£3.95
Tarkha Dhall (Lentils with fried garlic).....	£3.75
Chana Masala (Chick peas with spices).....	£3.75
Cauliflower Bhaji.....	£3.75
Aloo Gobi or Mushroom Bhaji.....	£3.75
Bindi Bhaji / Bindi Jeera.....	£3.75
Sag Paneer.....	£4.95
Mushroom and Sag Bhaji.....	£3.75
Sag Chana Aloo / Gobi Aloo Chana.....	£3.95
Sag And Gobi / Bombay Korma.....	£4.95

RICE

Plain Rice.....	£2.95
Pilau Rice.....	£3.25
Mushroom Fried Rice.....	£3.95
Egg Fried Rice.....	£3.75
Keema Fried Rice.....	£3.75
Coconut Fried Rice.....	£3.75
Lemon Fried Rice.....	£3.75
Garlic Fried Rice.....	£3.75
Special Fried Rice.....	£3.75
Chicken Tikka Rice.....	£4.95
Egg & Mushroom Rice.....	£3.95

BREAD

Plain Nan.....	£2.30
Keema Nan.....	£2.95
Peshwari Nan.....	£2.95
Garlic Cheese Nan.....	£3.95
Chilli cheese Nan.....	£3.95
Chicken Tikka Cheese Nan.....	£4.95
Chicken Tikka Garlic Cheese Nan.....	£4.95
Cheese Nan.....	£3.95
Garlic Nan.....	£2.95
Parata / Stuff Parata.....	£3.95
Chapati.....	£2.30
Poppadom.....	80p

Mango Chutney /Mint sauce	
Onion Salad/Mixed Pickle.....	EACH 80p

DRINKS

Coke, Diet Coke, Lemonade, (330 ml).....	£1.20
--	-------

Balti Dishes

Balti dishes are very delicious in flavour and popular in the Midlands.

Chicken Tikka or Lamb Tikka.....	£7.95
Chicken or Lamb.....	£7.50
Vegetable.....	£6.95
Chicken Tikka Sag Balti.....	£8.95
Chicken Tikka Dansak Balti.....	£9.95

Biryani Dishes

All biryani dishes are cooked with basmati Rice and a special blend of spice. Served with a vegetable curry.

Chicken or Lamb.....	£8.95
Chicken Tikka /Lamb Tikka.....	£9.95
Vegetable.....	£8.50
Special Hot Biryani Chicken or Lamb.....	£11.95
Prawn Biryani.....	£10.95

English Dishes

Chicken Nuggets & Chips (6pc).....	£5.50
Chicken Nuggents (£5.50 10pc) (£8.95 20 pc).....	
Chips.....	£2.50
Chicken & Chips.....	£6.95

NOTE:

FOOD ALLGERGIES & INTOLERANCES.
* Before Ordering Please Speak to Our Staff About Your Requirement.

Operating hours:

Open 7 Days a Week Lunch: 11:30am to 2pm

Evening: 5.00pm to 11.00pm



Indian Restaurant & Take Away



FREE HOME DELIVERY

01243 823004

(All PO21 & PO22 Post codes)

ORDER ONLINE

WWW.ANOKHAINDIANRESTAURANT.COM

£2.50 Delivery Charge

Chichester ■ Tangmere ■ Barnham ■ Eastergate
Westergate ■ Oving ■ Hunston ■ North Mundham

7 THE PRECINCT | WEST MEADS
BOGNOR REGIS | P021 5SB

Starters

- Onion Bhaji** £3.50
Shredded onion mixed with selected herbs & spices with garam flour, deep fried.
- Samosa** *Lamb mince or Mixed vegetables* £3.50
Crispy fried triangular shaped pastry generously filled
- Mixed Starter** £4.95
A mixed platter of Chicken Tikka, Onion Bhaji, Samosa and Tiger Prawns.
- Chicken or Prawn Chaat Puree** £4.95 or £4.95
Sliced chicken tikka or Prawn cooked with cucumber, fresh tomatoes, tangy chaat massala sauce. Served on crispy fried puries
- Shami Kebab or Sheik Kebab** £3.95
Kebabs made from mince lamb lightly spiced & shallow fried
- Mixed Kebab** £4.95
Chicken tikka, lamb tikka, kufta kebab & onion bhaji
- Sag Roll** A delicate dish of spinach and cheese mash rolled in spices, served with a tasty coconut (White sauce or Tomato sauce). £3.95
Spinach, cheese & mash potato covered with breadcrumbs & deep fried

Tandoori Delicacies

- Chicken or Lamb Tikka** **Starter £4.50 Main £7.95**
Marinated in spices & yogurt, threaded onto skewers & cooked in the oven
- Tandoori Mixed Grill** £10.95
A platter of assorted non-vegetable tandoori delicacies (a generous portion of chicken tikka, tandoori Chicken, lamb tikka, sheik kebab with salad)
- Shaslick** £8.95
(Chicken, Lamb or Mix) Cubes of chicken and lamb with capsicum, tomatoes and onions, marinated and cooked on skewers in a Tandoor.
- Paneer Tikka** £7.95
Indian homemade cheese marinated in hung special yogurt sauce.
- Tandoori Chicken**
Marinated in spices & yogurt, cooked in the clay oven. **Starter £4.50**
Served on the bone. **Main £8.95**
..... **Full £11.95**

Order Online

www.anokhaindianrestaurant.com

House Delicacies

- Chom Chom Chicken or Lamb Tikka** £7.95
Cooked with almonds, butter, fresh cream & mango pulp
- Tikka Masala Chicken or Lamb Tikka** £7.95
Cooked with cream, spiced & our home-made sauce - spicy
- Butter Chicken or Lamb** £7.95
A simple & mouth watering dish with a lovely thick sauce, blended with butter
- Passanda** *Chicken Tikka or Roast Lamb* £7.95
Cooked with pistachio, almond, cream
- Garlic Chilli Chicken or Lamb** £7.95
Cooked in a highly spiced sauce, with dry onion, green chillies & fried garlic
- Jalfrezi Chicken or Lamb** £7.95
Cooked in garlic, ginger, capsicums, fresh tomatoes, onions, green chillies & spices
- Aloo Poneer** *Chicken/Lamb* £7.95
Cooked with potato, mixed spices & cheese
- Satrakey Chicken Tikka or Lamb** £8.95
Cooked with green, red peppers, fresh tomato & thick sauce & garnished with fresh mushrooms
- Naga Subwali** *Chicken or Lamb* £7.95
Cooked in thick sauce with home-made fresh naga chilli & fresh tomato
- Naraywani** £7.95
A delicate Chicken Tikka or Lamb dish cooked with selected spices & herbs with sweet chilli dressing.
- Murghi Keema** *Chicken /Lamb* £7.95
Cooked in clay oven & then in a spicy minced lamb sauce with spring onion, special spices & coriander
- Punjabi Karahi** *Chicken or Lamb* £8.95
Dishes specially prepared by our chef on the karahi with garlic, ginger, green pepper, tomatoes, coriander & delicate herbs & spices.
- Palak Peswari Chicken** £7.95
An innovative chicken dish made with breast of chicken cooked with coconut, almond, mango and fresh spinach.
- Almashriki** **MEDIUM** £7.95
Chicken or Lamb Tikka served under a layer of cooked Spinach flavoured with Cashew Nuts.
- Jal Jal Balti** £8.95
A taste of Baluchistan brought through this traditional dish made with tender chicken in special 'Balti' sauce with red peppers and tomatoes.
- Panch Mishali** £7.95
Chicken, lamb, prawns and vegetables cooked in chef's special sauce.
- Chilli Masala** **MADRAS HOT (Chicken/Lamb)** £7.95
A flavoursome dish of Chicken Tikka cooked with red and green peppers, onion spiced with dried chilli and a special grind of spices.

Traditional Dishes

These dishes can be prepared with Chicken Tikka for an additional £1.00

	Vegetable	Chicken	Lamb	Prawn	King
Curry Cooked in medium jhol	£5.95	£6.50	£6.95	£7.95	£11.95
Madras Well spiced, fairly hot curry	£5.95	£6.50	£6.95	£7.95	£11.95
Vindaloo Very hot dish. Nicely spiced with potatoes	£5.95	£6.50	£6.95	£7.95	£11.95
Ceylon Fairly hot, creamy and tangy with coconut	£5.95	£6.50	£6.95	£7.95	£11.95
Bhuna Drier curry packed with spicy flavours	£5.95	£6.50	£6.95	£7.95	£11.95
Patia Hot, sweet and sour dish in thick sauce	£5.95	£6.50	£6.95	£7.95	£11.95
Dupiaza Cooked in a thick sauce, garnished with onions	£5.95	£6.50	£6.95	£7.95	£11.95
Rogan Medium hot with herbs and tomatoes	£5.95	£6.50	£6.95	£7.95	£11.95
Korma Cooked in a pistachio and coconut sauce	£5.95	£6.95	£6.95	£7.95	£11.95
Dansak Hot, sweet and sour curry	£5.95	£6.95	£6.95	£7.95	£11.95
Sagwala A medium strength dish cooked with fresh spinach	£5.95	£6.95	£6.95	£7.95	£11.95

Chef's Recommendations

- Morghi Torkari (SPICY AND MADRAS HOT)** £9.95
A home style Chicken dish cooked in special masala sauce made with garlic, ginger and mixed spices.
- Butter Masala** *Chicken or Lamb or Paneer* £8.95
Cooked in a specially made sauce infused with butter & cashew nut.
- Anokha (SPICY)** £8.95
Chicken and lamb tikka cooked together with finely chopped spring onion, green chili, fresh peppers and chef's special spice brining a fusion of taste.
- Bengali Chilli** *Chicken or Lamb* £8.95
(Vindaloo Hot Recommended) An authentic Chicken dish following the original Bengali recipe with different blend of chillies, spices and herbs.
- Jal FrY Indian Paneer (V)** £7.95
Cooked in garlic, ginger, capsicums, fresh tomatoes, onions, green chillies & spices